



## **Press Release**

### **Positive EFSA scientific opinion for Chuta® nut – a new plant protein source**

- *The Chuta® nut will enter European supermarkets as a novel food.*
- *Its high content of unsaturated fatty acids and proteins has healthy effects.*

**Stuttgart, 24 January 2022 - The European Food Safety Authority (EFSA) has published a positive scientific opinion for the Chuta® nut. The application was submitted by JatroSolutions GmbH.**

The scientific opinion is available through the following link:

<https://efsa.onlinelibrary.wiley.com/doi/full/10.2903/j.efsa.2022.6998>

#### **Chuta® – the nut for a healthy diet**

Chuta® nuts are the newcomers among vegetable protein sources. They are characterised by a high proportion of amino acids, first-class unsaturated fatty acids and rich minerals. With their protein content of up to 30 percent, they provide the body with more energy than almonds and peanuts.

Sebastian Held, Managing Director of JatroSolutions, sees a lot of potential for the product launch of the nut considering the increasing demand for high-protein, low-carbohydrate foods: *"Chuta® is an ideal plant-based protein source for improving fitness, for an energy kick in the stressful office routine and for all vegetarians and vegans."*

#### **A protein-rich superfood enters European supermarkets**

Chuta® nuts are suitable for vitalising nut bars, muesli combinations and other delicious snacks. Originally, the nut comes from Mexico, where it is valued as a traditional food. In the supermarkets of Europe, it will establish itself as a superfood. This is because consuming Chuta® makes a contribution to a healthy balanced diet.

Currently, the product is still in the final process of being launched on the European market, but already several food manufacturers have expressed great interest. *"We are facing the future challenges of the Chuta® introduction with great pleasure,"* explains Managing Director Held. The positive opinion from EFSA is now a big step for the upcoming product launch.



For further information, please contact us as follows:

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About JatroSolutions:

Over several years, we have analysed, characterised and improved Chuta<sup>®</sup> cultivars and developed a sustainable value chain for Chuta<sup>®</sup> production. We are the only company worldwide that offers planting material for Chuta<sup>®</sup> and expertise for the cultivation of Chuta<sup>®</sup> based on many years of experience.

More information about the activities of JatroSolutions GmbH can be found on our corporate website: [www.jatro solutions.com](http://www.jatro solutions.com)



Chuta® kernels will soon have an important position on the menus of nutrition-conscious consumers. (Download in printable resolution under [https://www.jatro solutions.com/images/NEWS/Chuta\\_Kernels.jpg](https://www.jatro solutions.com/images/NEWS/Chuta_Kernels.jpg))



Among other places, the Chuta® kernels are grown on plantations in Paraguay. (Download in printable resolution under [https://www.jatro solutions.com/images/NEWS/Chuta\\_Plantation.jpg](https://www.jatro solutions.com/images/NEWS/Chuta_Plantation.jpg))